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BUS: E line
«Racine» stop



Free parking
100 spaces



Opening hours:
Tuesday to Saturday, 10 am to 8 pm

Prices valid until 31 December 2020

www.spanarbonne.com

Online Booking and Store

La Sultane de Saba
Voyagez au-delà de vos sens



NOUGATINE
PARIS



Join us!



Instagram



MASSAGES OF THE WORLD · WELLNESS · BEAUTY
SAUNA · HAMMAM · RELAXING POOL

R.C.S. Narbonne 532 182 136 - Please do not litter

your bubble of serenity...

*Your wellness retreat, in solo or duo!
Offer gift cards!*

Massages

Sauna · Hammam · Relaxing pool

RELAXING

Signature Vaitéa

This balinese massage, both invigorating and relaxing, combines deep movements, gentle stretching and circular motions to enjoy a moment of pleasure simply magic...

Californian

Relaxing motions that relieve you from daily tension and stress, and offer a gentle sense of well being...

Polynesian

Combining the use of hands and forearms, this massage inherited from old polynesian traditions is given in a fluid and rythmic way, in large and replenishing movements to soothe strains...

STIMULATING

Abhyanga

Destination India, with this ayurvedic traditional massage that purifies the body and relaxes your soul...

Swedish

By stroking, tapping and stretching, your tight muscles and entire being relax and regenerate...

Shiatsu

Japanese-inspired massage using sustained pressure of the thumbs on energy points...

Solo Duo

70 min 87 € 174 €
90 min 107 € 214 €

30 min 38 € 76 €
45 min 55 € 110 €
60 min 69 € 138 €

75 min 87 € 174 €

Solo Duo

30 min 38 € 76 €
45 min 55 € 110 €
60 min 69 € 138 €

45 min 55 € 110 €
60 min 69 € 138 €

60 min 69 € 110 €
80 min 89 € 110 €

TRADITIONAL GETAWAY

Sauna · Hammam · Relaxing pool 1 h 20 €

10h Card 180 €

20h Card 350 €

** non-personal cards that can be shared with family, friends...*

Possibility of privatising the Balneo area:

** for 2 persons 1 h 45 € / pers.*

** for 3 persons 1 h 30 € / pers.*

** For your seminars, birthdays, bridal showers..., consult us!*



EXOTIC JOURNEYS

ORIENTAL RITUALS

Choose your ancient oriental ritual...

Hammam · Sauna · Relaxing pool
+ Oriental scrub 36 €

Hammam · Sauna · Relaxing pool
+ Oriental scrub
+ Rassoul wrap 51 €

SCENTED RITUALS

Travel in all corners of the world... Choose the scent for your scrub and wrap to provide your skin with an outstanding satin-smooth touch and beautiful fragrance.

Scented scrub 31 €

Hammam · Sauna · Relaxing pool
+ Scented scrub 46 €

Hammam · Sauna · Relaxing pool
+ Scented scrub
+ Shea butter wrap 66 €





CHILD (4 to 12 years)

CALIFORNIAN 30 min 36 €
This massage combines lighty touch and gentle movements all over the body, and helps the child discover well-being and relaxation.

PACKAGE TO SHARE IN DUO 50 min 94 €
Relaxing massage 30 min +
Delicious facial scrub + Gourmet facial care
for 2 children or 1 child accompanied by an adult



FUTURE MOTHER

Perfectly suited to each stage of her pregnancy, this massage relieves the future mother of aching zones, and brings comfort, softness and serenity to prepare the baby's arrival.

1 session « Zen Mom » 50 min 55 €
4 sessions « Zen Mom » 210 €
6 sessions « Zen Mom » 315 €

FUTURE MOTHER RITUAL
1 session « Zen Mom » + Sublimating facial care +
Scalp & face massage + Shantala massage 163 €



BABY (4 to 9 months)

SHANTALA 20 min 25 €
This traditional massage originating in India is soft, gentle, beneficial for the infant, and allows him to accept the world and smile to life...

Cures

LIGHT LEGS 375 €
Draining esthetic treatment to relax heavy and tired legs. This cure ameliorates the elimination of water, to restore energy, lightness, well-being.

1 treatment / week during 2 months :
· 6 draining esthetic treatments of 45 min
· 2 foot reflexologies of 30 min

SILHOUETTE 495 €
Resculpt and redefine your silhouette... This personalized cure offers solutions for thinness, firmness, tonicity, elimination of orange peel skin and cellulite.

1 treatment / week during 2 months:
· 8 sessions of 75 min, with body scrub,
targeted massage, and algae wrap

Lands of Rituals

Your wellness retreat, in solo or duo!

THOUSAND AND ONE DELIGHTS 2 h 30 **MAYAN MYSTERY** 2 h 30

In the land of the 1001 nights, esthetic cares honour beauty. In the heart of an oasis, enjoy a unique sensorial pause scented with orange blossom...

Natural treasure of a faraway land, the delicacy of the green tea will bring you to the frontiers of Eldorado...

Hamam · Sauna · Relaxing pool ·
Black soap scrub ·
Rassoul wrap ·
Oriental massage 1 h

Hamam · Sauna · Relaxing pool ·
Body scrub · Bamboo massage 1 h ·
Shiatsu face massage 30 min

Solo 110 €
Duo 220 €

Solo 141 €
Duo 282 €



HEART OF THE TAJ MAHAL 3 h 00 **THE WISE MEN'S SECRET** 4 h 00

Destination India, where Ayurveda reveals its secrets, to the entrancing rhythms of amber, vanilla and Patchouli...

Tibetan wisdom draws its essence in an harmonious balance between the lotus and the frangipani fragrances, making this mystical journey a secret invitation to Nirvana...

Hamam · Sauna · Relaxing pool ·
Scented body scrub ·
Abhyanga Massage 40 min,
Shirodhara 50 min, Feet with Kansu bowl 30 min

Hamam · Sauna · Relaxing pool ·
Body scrub · Tibetan massage 1 h 30 ·
Foot reflexology 30 min · Facial care

Solo 169 €
Duo 338 €

Solo 235 €
Duo 470 €



Offer gift cards!

The Beauty Secrets

FACIAL CEREMONIES

Your wellness retreat, in solo or duo!

You will receive professional personalized advice to continue taking care of your skin at home.

Sublimating skincare 55 €

Immediate personalized burst of radiance with a luminous, fresh and rested complexion

Men skincare 55 €

The skin is cleansed, moisturized, revitalized and protected.

Expert skincare 69 €

A treatment program and a targeted advice providing with what you need and expect

Exceptional skincare 82 €

Anti-aging, recontouring, firming treatment, with tensing effect

Prestige cure 192 €

Extensive programme of 3 treatments to regain intense, long-lasting radiance

BEAUTIFUL & GLAMOROUS

MAKE-UPS

Home service available

Day 21 €
Evening 25 €
Bridal (trial included) 31 €
Self make-up course 65 €

HANDS or FEET BEAUTY 38 €

DYES

Eyebrows 15 €
Eyelashes 20 €

WAX EPILATIONS

Lip	7 €	Brazilian bikini	20 €	1/2 legs + armpits +	
Chin	7 €	Full bikini	23 €	· Basic bikini	36 €
Eyebrows	9 €	Thighs	16 €	· Low-cut bikini	37 €
Eyebrows (line)	12 €	1/2 legs	18 €	· Brazilian bikini	44 €
Armpits	12 €	Full legs	30 €	· Full bikini	47 €
Arm	17 €	Eyebrows / lip	14 €		
Back	17 €	Face	18 €	Full legs + armpits +	
Chest	17 €			· Basic bikini	46 €
Basic bikini	11 €			· Low-cut bikini	48 €
Low-cut bikini	13 €			· Brazilian bikini	55 €
				· Full bikini	58 €

of the Worlds

FROM THE 4 CONTINENTS

Solo Duo

Hot stone

Ancestral amerindian massage technique using smooth, dark, heated stones to relieve stiffness and soreness and restore energy...

70 min 87 € 174 €
90 min 107 € 214 €

Foot reflexology

Ancient Chinese massage that focuses on specific acupressure points to ease and relax...

30 min 30 € 60 €
45 min 45 € 90 €

Thai reflexology

This thai art uses the fingers and a rosewood stylus to stimulate in-depth points of reflexology of the feet...

90 min 75 €

Scalp and face

Delicious massage which delivers radiance and a youthfulness that you will notice immediately...

30 min 33 € 66 €
40 min 43 € 86 €

Shirodhara

This jewel of Ayurveda offers an extraordinary sense of bliss on the upper body, with the continuous flow of warm oil on your forehead...

50 min 60 € 120 €

Yin & Yang

Indulge total body relaxation with this four-handed massage...

45 min 97 €

For a deeper relaxation, *Vaitéa SPA* recommend, **before each treatment**, a session « **Hammam · Sauna · Relaxing Pool** »

1h 18 €

* Preferential price, only if associated with a treatment

